

Vocabulary

change, grow, life cycle, control

baby, toddler, child, teenager, adult, fully grown, growing up, old, young

respect, appearance, physical, independent, timeline, responsibilities

male, female, vagina, penis, public, private

touch, texture, cuddle, hug, squeeze

like, dislike, acceptable, unacceptable, comfortable, uncomfortable

looking forward, excited, nervous, anxious, happy



Summary of unit

By the end of the 'Changing Me' topic I will:

Recognise cycles of life in nature.

Discuss the natural process of growing from young to old and understand that this is not in my control.

Recognise how my body has changed since I was a baby and where I am on the continuum from young to old.

Recognise the physical differences between boys and girls, use the correct names for parts of the body and appreciate that some parts of my body are private.

Understand that there are different types of touch and tell you which ones I like and don't like.

Identify what I am looking forward to when I move to my next class.

Key questions

What changes are outside of my control?

Which people do I respect who are older than me?

What do I like/ don't I like about being a boy/ girl?

What type of touch do I like/ don't I like?

What changes will I make next year and how?